



December 2023

Dear Valued NADF Member and Friends,

***A world without suffering or death from adrenal disease.*** This is the vision of the National Adrenal Diseases Foundation (NADF). With your help—together—we can make this aspiration a reality.

The last year has been remarkable for NADF. We have made significant progress in raising awareness, providing support, and advancing research in the field of adrenal diseases. But our mission is far from complete.

***That is why we are reaching out to you, our dedicated members and friends, to seek your support as part of our annual year end appeal.*** Your generous contributions will help us continue to:

- **Drive breakthroughs in adrenal disease research.** NADF is currently supporting several promising adrenal insufficiency (AI) research projects, including the MyAI Registry, the MyAI Cortisol and Function Study, and the MyAI DNA and Cortisol Study. Your support will help us bring new and effective treatments to patients with adrenal insufficiency sooner.
- **Educate and collaborate with medical professionals.** NADF is committed to ensuring that all patients with adrenal diseases have access to early diagnosis and optimal care. Your support allows us to reach medical professionals with the latest information about adrenal diseases and to provide them with the tools they need to provide the best possible care to their patients.
- **Empower patients and caregivers with knowledge.** NADF provides a variety of resources to help patients and caregivers learn about adrenal diseases, including newsletters, videos, and social media content. Your support allows us to reach more people with these essential resources.
- **Build a supportive community.** NADF is committed to connecting patients, caregivers, and other community contributors alike. Your support helps us maintain our online presence and continue to build and grow a community where people can share their experiences and find support.

*The National Adrenal Diseases Foundation (NADF) is a nonprofit 501(c)(3) organization, ID #11-2777036  
No goods or services were provided in return for this contribution. This donation is fully tax deductible.*

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**Your generosity is vital to the continued progress and future of NADF, and we humbly request your support with a tax-deductible contribution.** Any amount, whether large or small, will make a meaningful difference. To make a donation, please visit our website at <https://www.nadf.us/donate.html> or send a check, payable to The National Adrenal Diseases Foundation, to:

The National Adrenal Diseases Foundation  
P.O. Box 95149  
Newton, MA 02495 USA

Thank you for being a crucial part of our mission. Together, we can make a real difference in the lives of patients and their families.



Lori Engler  
Board Co-President, NADF



Erin A. Foley-Moudry, MPH  
Board Co-President, NADF



Kalina Warren  
Executive Director, NADF

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**Please accept my tax-deductible donation of: \$\_\_\_\_\_**

To donate using a credit card, please visit the NADF Website at [www.nadf.us](http://www.nadf.us), and choose one of the options under "Ways to Give". A donation of \$25 or more entitles you to an annual membership in NADF. Please be sure we have all of your current/correct information by filling in the form below. All information provided is confidential and will not be sold or rented under any circumstances.

NAME \_\_\_\_\_ TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY: \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ E-MAIL \_\_\_\_\_

THIS DONATION IS IN HONOR / IN MEMORY OF \_\_\_\_\_

PLEASE NOTIFY (NAME, ADDRESS and/or EMAIL): \_\_\_\_\_

ADRENAL DISEASE:  Addison's  Cushings  CAH  Other \_\_\_\_\_

**Please send your check to:           The National Adrenal Diseases Foundation  
  P.O. Box 95149, Newton, MA 02495**